

Fall 2023

# heartfelt

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## Craft Classes for Adults

Welcome to our Fall 2023 classes for adults! Studies show that crafting can help our mental health. It reduces stress, calms the mind, and releases endorphins. Crafting gives us a distraction from negative thoughts and worries. It even lowers our heart rate and blood pressure. And crafts are fun!

Of course, adults are always welcome to make a project any time in our studio with their kids or on their own. But it can be hard to carve out the time—other things always seem more important. That's where classes come in; you register ahead for a specific date and time, making a commitment to do something for yourself. Sign up with friends or come on your own. Learn a new skill and connect with others. Let's craft together!



### Needle Felting 101

Needle felting is an intriguing craft—find out what the fuss is all about! It doesn't take long to become proficient. You will learn flat and dimensional felting, while making a wool heart, an apple, and a little owl. The shapes made in this class, along with joinery techniques, form the basis of most needle felted projects. \$50.

**Saturday September 30th**  
**10:30 am to 1pm or**

**Tues Oct 24th 6 to 8:30 pm**

### Superior Stones

First, paint Lake Superior stones using Posca paint markers. Make name stones or pictorial stones or a combination of the two. Then make art on a board using stones, paint, and other materials. Expect to paint 2-3 rocks, plus one art piece. \$40

**Tuesday October 16<sup>th</sup>**  
**6:30 to 8:30 pm**



### Waldorf Doll Making Workshop

We are thrilled to announce the return of Waldorf doll making to our studio! Expert dollmaker Andra will lead this class, teaching how to make a soft huggable doll in the Waldorf tradition. A variety of skin tones and hair colors will be available. Some experience with hand

sewing is recommended. Bring your lunch, arrive on time, work diligently, and you should have your doll completed by the end of this one-day intensive class. \$140.

**Sunday November 5th 10 am to 4 pm**



### Needle Felted Snowman

Learn the craft of needle felting while making a cute, chubby snow person. For both beginners and felters with some experience. A small one can be an ornament, a large one looks cute on a table or mantel. \$40

**Saturday November 11<sup>th</sup>**  
**10:30 am to 12:30 pm**

# Craft. Relax. Repeat.



**Beeswax Candle Making**  
Beeswax candles are amazing! Not only do they have a lovely honey scent, but they also clean the air while they burn. We will fire up our wax melting pots to make three kinds of beeswax candles in this class: rolled, dipped, and globe. \$50.



**Tues Nov14<sup>th</sup>**  
**6:30 to 8:30 pm**



**Needle Felted Tomte**  
A tomte is a mythical creature from Nordic folklore. These gnomes are generally described as short, with a long white beard and conical hat. Our needle felted version has lake stone shoes and a curly mohair beard. It's helpful to have done some needle felting before this class but motivated beginners can successfully complete their Nisse. \$50.

**Sunday November 26<sup>th</sup>**  
**1 to 4 pm**



## Holiday Ornament Workshop

Make tree ornaments using a variety of materials and simple techniques. Leave perfectionism at the door and crank out several gifts for others or yourself. Woodburning, felting, simple hand sewing, painting...expect to go home with between four and six whimsical decorations. Additional materials will be available for purchase so you can make more at home if you wish. \$50.

**Tuesday December 7<sup>th</sup> 6 to 9 pm**

## Class Registration

Our adult classes are open to anyone 16 years of age and older. Call or visit the shop to register. Payment is due at the time of registration. Class price includes all materials and instruction.

If you need to withdraw from a class, please do so at least 5 business days before the class to receive a refund. In the case of illness, a store credit will be issued.

We may cancel a class if a minimum number of registrations is not reached. Please register as early as possible to help us prepare for each class.

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Store Hours  
Monday - Saturday 10 am to 4 pm  
Sunday 11 am to 4 pm